



ICEBREAKER QUESTIONS FOR MENTORS

It's important for mentors and mentees to get off on the right track when meeting, especially at the beginning of the relationship. Here are some sample icebreaker questions that can help get your session started.

- What animal would you be and why?
- What is the most beautiful or meaningful gift you've ever received?
- If you could have an endless supply of any food, what would you request?
- What is one big goal you'd like to accomplish during your lifetime?
- When you were little, who was your favorite superhero and why?
- Who is your hero now? (It could be a parent, a celebrity, an influential person in one's life, and so on.)
- What's your favorite thing to do in the summer?
- If they made a movie of your life, what would it be about and which actor would you want to play you?
- If you were an ice cream flavor, which one would you be and why?
- What's your favorite cartoon character and why?
- If you could visit any place in the world, where would you choose to go and why?
- What's your dream job, and why?
- Are you a morning or night person?
- What are your favorite hobbies?

- What are your pet peeves?
- What's the weirdest thing you've ever eaten?
- Name one of your favorite things about someone in your family.
- Tell me about a unique or quirky habit of yours.
- If you had to describe yourself using three words, what three words would you pick?
- If someone made a movie of your life would it be a drama, a comedy, a romantic-comedy, action film, or science fiction?
- What is your greatest fear?