

SHOULD I? OR SHOULDN'T I? MAKING WISE CHOICES



Proverbs 19:20 (NLT) - Get all the advice and instruction you can, so you will be wise the rest of your life.

Proverbs 12:15 (NLT) - Fools think their own way is right, but the wise listen to others.

Philippians 4:6-7 (NIV) - Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Open Up

- Would you rather pick the movie or let your friends make the choice?
- What kind of bad decisions are famous teen girls making right now? Why do you think they make those types of decisions?
- How do you make a tough decision? How do you know if you made the right decision?

Read and discuss Proverbs 19:20; Proverbs 12:15; Philippians 4:6-7

- What does it mean to “accept” instruction? And to “listen” to advice?
- How will listening and accepting lead to wisdom?
- What’s the key difference between the wise and the foolish?
- Why does someone become foolish when she won’t listen to wisdom from others?

- When making a decision that is difficult and can lead to anxiety, what does this passage from Philippians say about that anxiety?
- When you hear the statement “peace that transcends all understanding,” what do you think?
- How do you feel about experiencing that type of peace in your life?

CLOSE OUT

- What’s the common theme from all these Bible passages about making decisions?
- What kinds of decisions make you feel anxious? What keeps you from presenting those situations to God?
- What is one decision in which you are currently trying to figure out God’s best for your life? Are you seeking guidance from anyone?
- Is it hard for you to take advice from people? Why or why not?

